

Finding God's Presence When You Feel His Absence

Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? ... No, in all these things we are more than conquerors through him who loved us. (Romans 8:35, 37)

Session 5: When Anger Ignites

1 Samuel 25:1-39

1. What causes our anger?
2. Why did David expect a positive response from Nabal to his request for provisions?
3. Although David returned good for evil in his relationship with Saul (*1 Samuel 24*), he intended to return evil for evil in his relationship with Nabal. Why the difference?
4. Abigail reminded David of (*1 Samuel 25:28*):

- _____
- _____
- _____

5. _____ opens our eyes to our real _____.

6. To quench anger's fire, we must:

- _____ our relationship with God.

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. (Galatians 5:22-23)

- _____ our thoughts.

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. (Ephesians 4:31-32)

- _____ evil with good.

Do not be overcome by evil, but overcome evil with good. (Romans 12:21)

Discussion Questions

1. How did Nabal shame David? Why did David react so violently?
2. What steps did Abigail take to prevent a massacre? Describe the risks she took.
3. Read *1 Peter 3:9*. How and why should Jesus' followers strive to repay evil with good?
4. What triggers your anger? If you want to manage it better, what steps can you take?